

October 2023

STOOD UP

BULLYING PREVENTION | FAMILY RESOURCE CENTRE

Kindness Takes Courage

Parent Tips

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>1. Teach your child values of respect, kindness and self regulation skills</p>	<p>2</p> <p>Kindness Tree Competition Kick-off</p>	<p>3</p> <p>Peer-Led Leadership Training: Wesleyan Christian Academy John Gray High School</p>	<p>4</p> <p>*PLT Cayman Islands Further Education Centre Cayman Learning Centre Village Montessori</p>	<p>5</p> <p>Peer-Led Leadership Training: Edna Moyle Primary School Creek & Spot Bay Primary (CYB)</p>	<p>6</p> <p>STOOD UP Day! </p>	<p>7</p> <p><i>Bullying is NOT YOUR FAULT, No one deserves to be bullied</i></p>
<p>8</p> <p>2. Listen to your child without judgement before reacting</p>	<p>9</p> <p>West Bay Girls Brigade: Anti-Bullying Presentation</p>	<p>10</p> <p></p>	<p>11</p> <p>Peer-Led Leadership Training: Montessori By the Sea</p>	<p>12</p> <p>Peer-Led Leadership Training: East End Primary School George Town Primary</p>	<p>13</p> <p>STOOD UP Assembly: Red Bay Primary School</p>	<p>14</p> <p><i>Bullying is not a normal part of growing up</i></p>
<p>15</p> <p>3. Involve your child in finding solutions</p>	<p>16</p> <p>Kindness Tree Submission Deadline</p>	<p>17</p> <p>Peer-Led Leadership Training: Prospect Primary School</p>	<p>18</p> <p>*PLT Theoline McCoy Primary School</p> <p>STOOD UP Presentation St. Ignatius Catholic School</p> <p>Family Skills Session: How to "Bully-proof" your child Time: 6pm-7pm (Zoom)</p>	<p>19</p> <p>Kindness Tree Competition School Visits Silent Witness March Gov Admin Building -3pm</p>	<p>20</p> <p>STOOD UP Assembly: St. Ignatius Catholic School Radio Cayman 89.9 FM Time: 12:15pm-1pm</p>	<p>21</p> <p><i>You have the right to be treated with respect, dignity and feel safe</i></p>
<p>22</p> <p>4. Reassure your child that it is not their fault and they are not alone</p>	<p>23</p> <p>Bullying hurts, Kindness heals</p>	<p>24</p> <p></p>	<p>25</p> <p>Create a bully-free zone</p>	<p>26</p> <p></p>	<p>27</p> <p>Words can hurt; choose them wisely</p>	<p>28</p> <p>UAB Family Fun Day Seven Mile Public Beach 2pm-6pm</p>
<p>29</p> <p>5. Speak to the school about the bullying behaviour and advocate for your child</p>	<p>30</p> <p></p>	<p>31</p> <p>Kindness Tree Competition: Announcement of the winner</p>	<p>*PLT - Peer-Led Leadership Training</p> <p>#IStoodUpKY</p>	<p> DEPARTMENT OF COUNSELLING SERVICES CAYMAN ISLANDS GOVERNMENT</p> <p></p>	<p>949-0006 </p> <p>frc@gov.ky </p> <p>www.frc.gov.ky </p> <p>FamilyResourceCentre </p> <p>frccayman </p>	